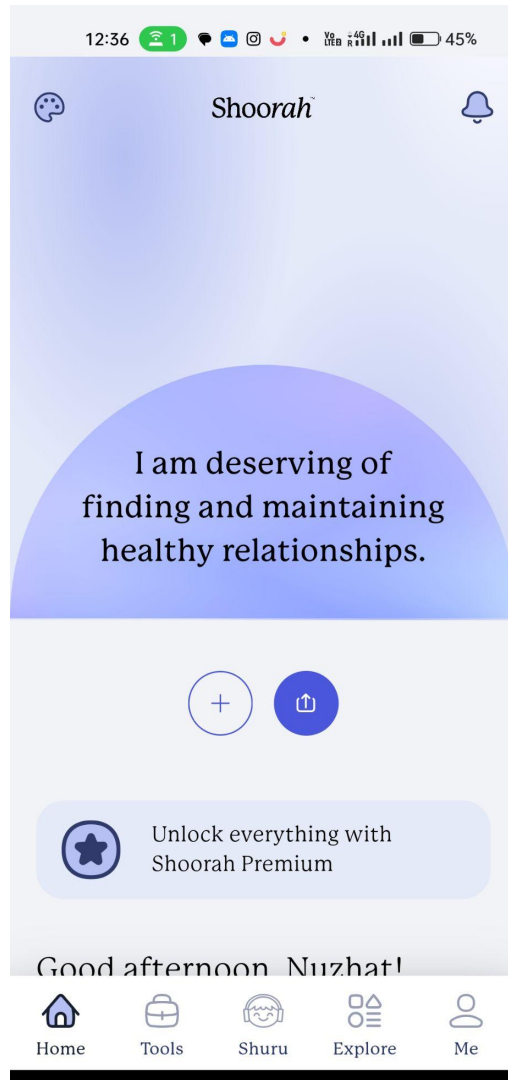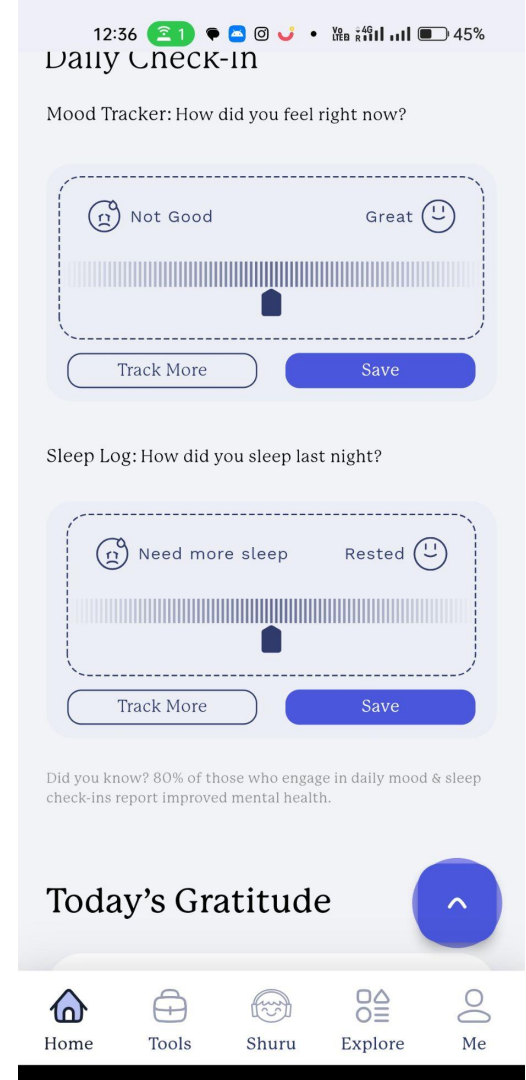# Shoorah

https://shoorah.io

Introduction

- Shoorah is an innovative well-being app and website focused on mental health and overall wellness, offering diverse tools to support emotional and mental well-being.
- Its advanced "Shuru" chatbot enhances user engagement with emotional intelligence by assessing users' moods.
- While its therapy tools aids in mood improvement, sleep enhancement, anxiety management, stress reduction, and fostering joyful moments through daily routines by effortlessly monitoring user's mood and emotions.
- OpenAI's large language model (LLM) power the chatbot in Shoorah, enhancing emotional engagement and user interaction.
- Prompt engineering is used to craft specific queries and responses that optimize user interaction.
- Python is used to process and train the data from Excel sheets, storing it within the Pinecone vector database.
- Pinecone is utilized to store information about the Shoorah organization and its platform. This allows for efficient vector-based retrieval of relevant data.
- Python-based LangChain framework is employed to connect with the Pinecone database via a retrieval chain.
- Used Amazon Polly for shuru voice chatting through python apis.
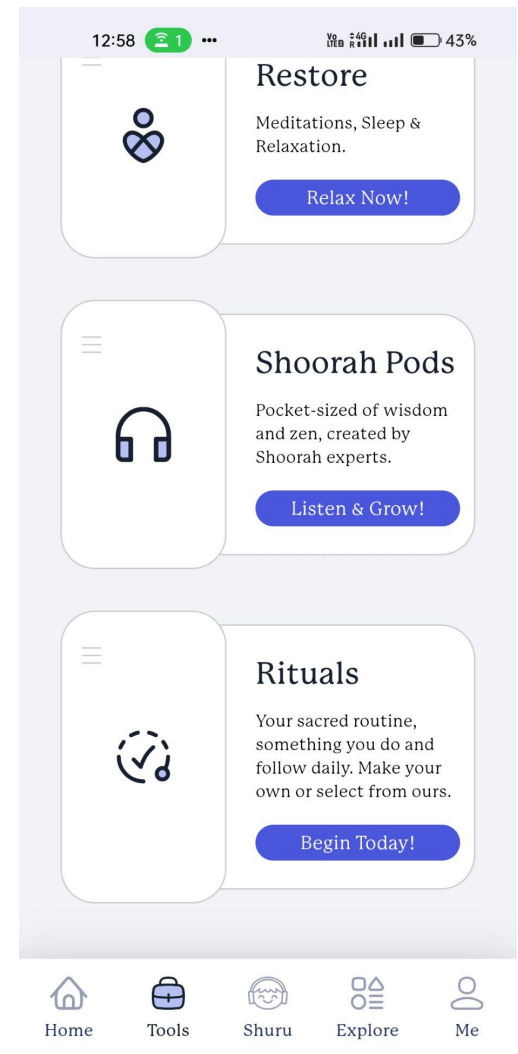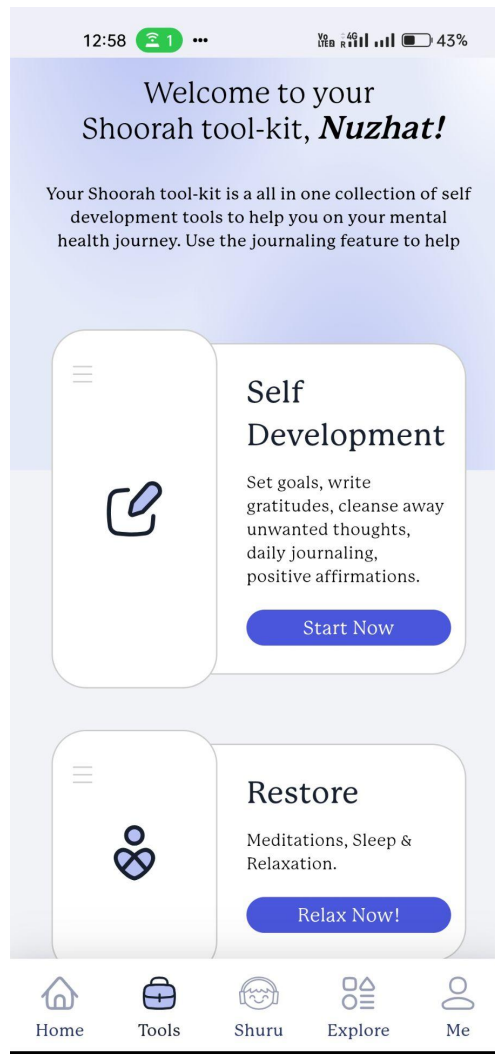- Integrated Stripe API for subscription model.
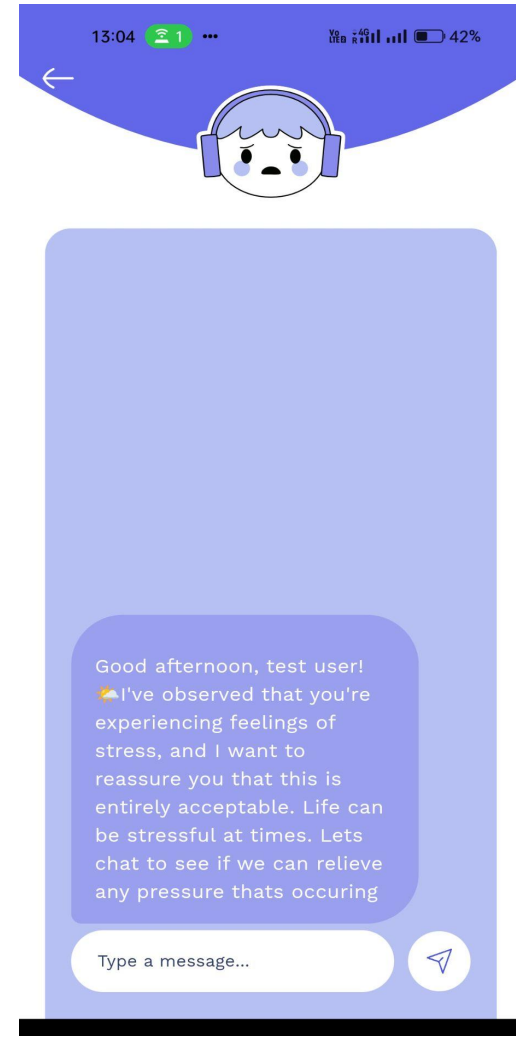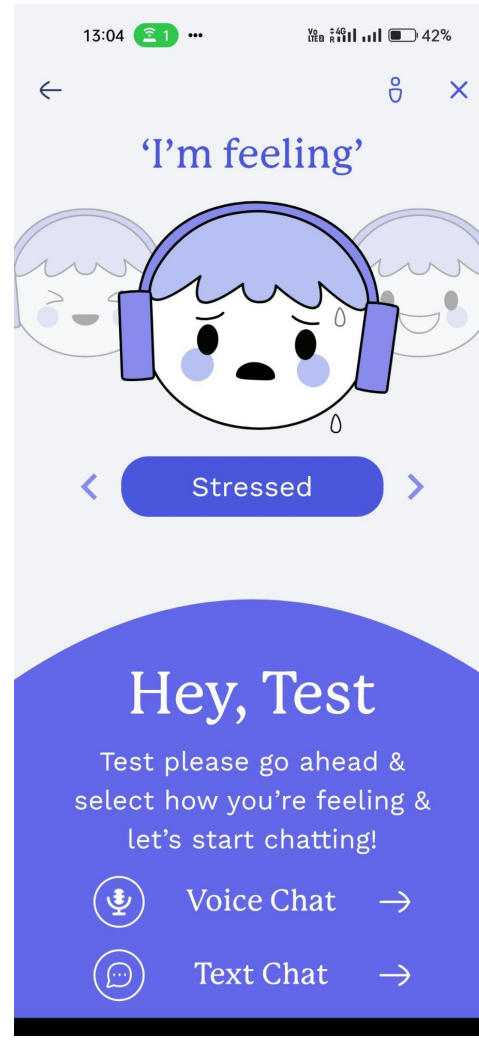
Application Flow

Homepage after login.
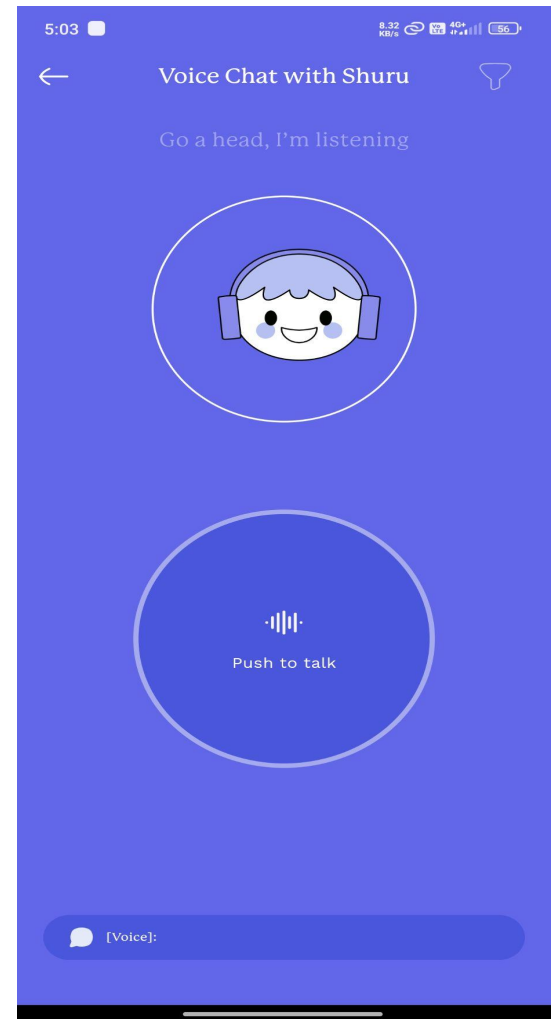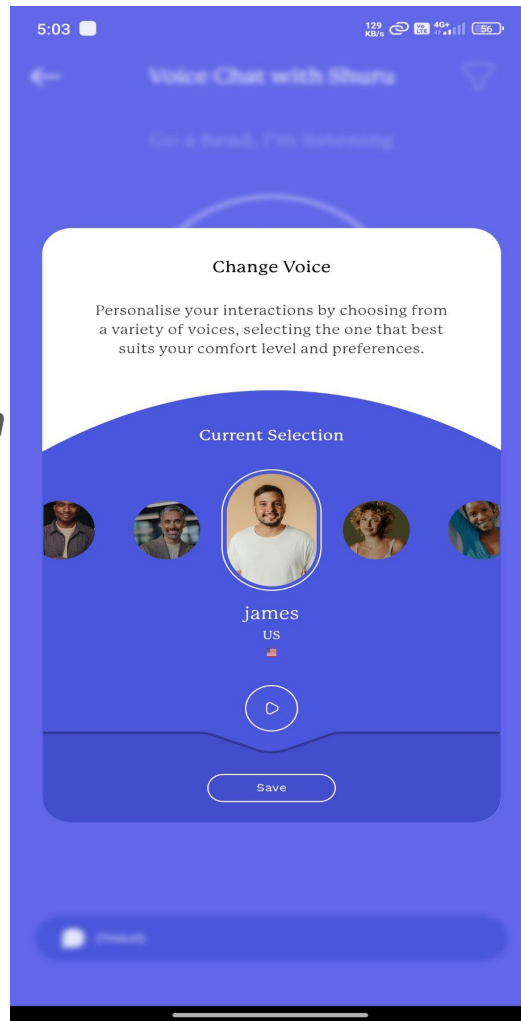
User's mood and sleep tracking

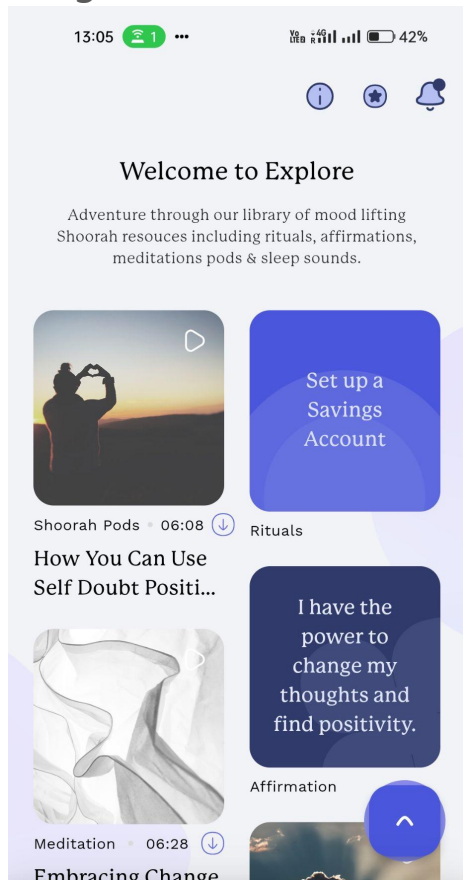*Tools - where user can do journaling and restore themselves by listening to meditational pods and log daily rituals.*
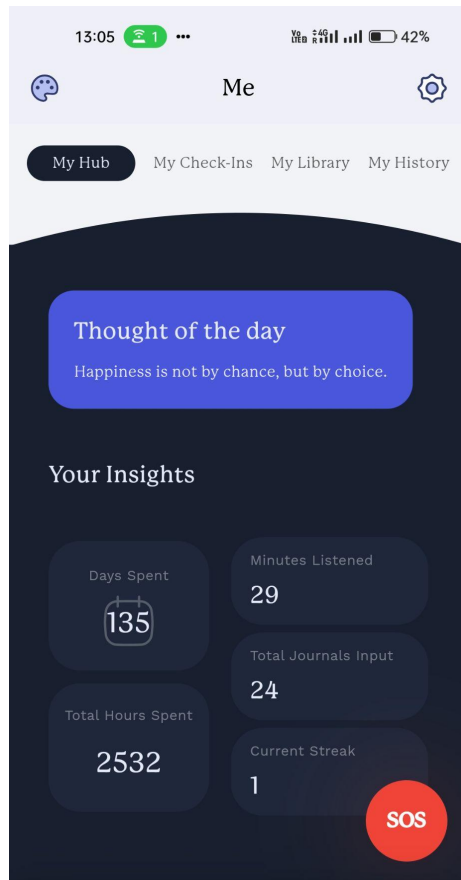
Shuru therapy chatbot for interactive user engagement
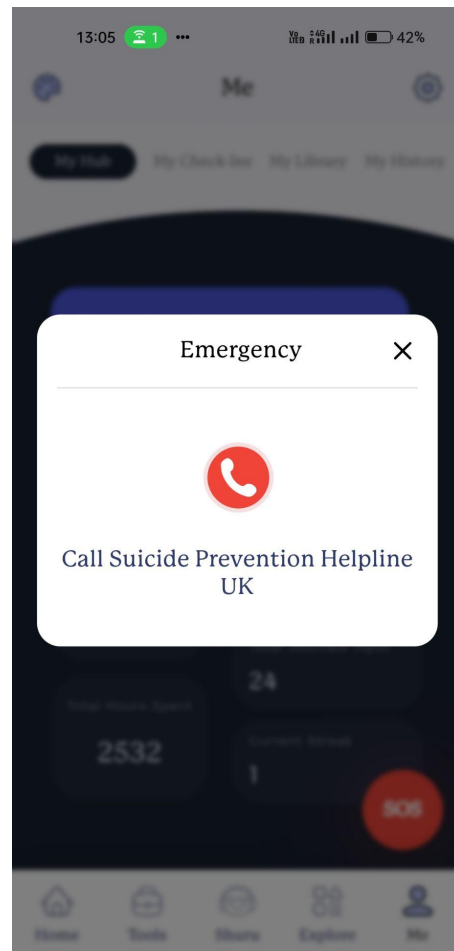
Voice chatting with Shoorah bot
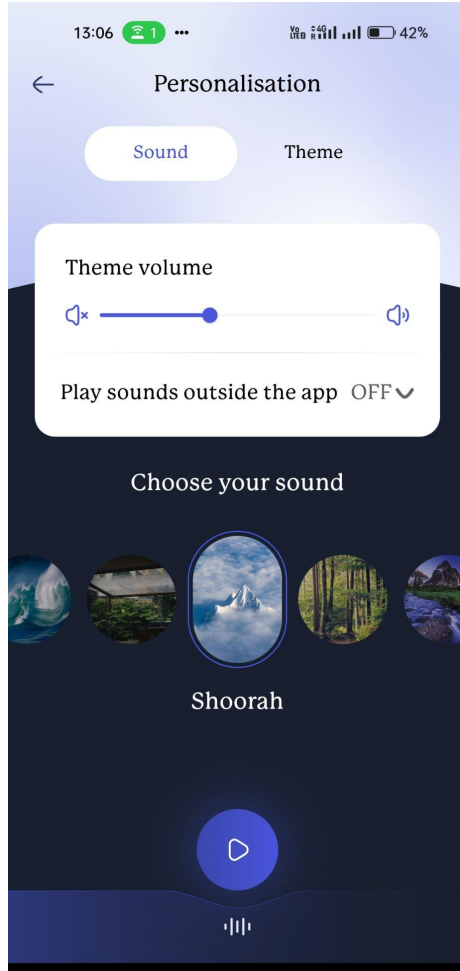
Explore about meditational songs and Pods
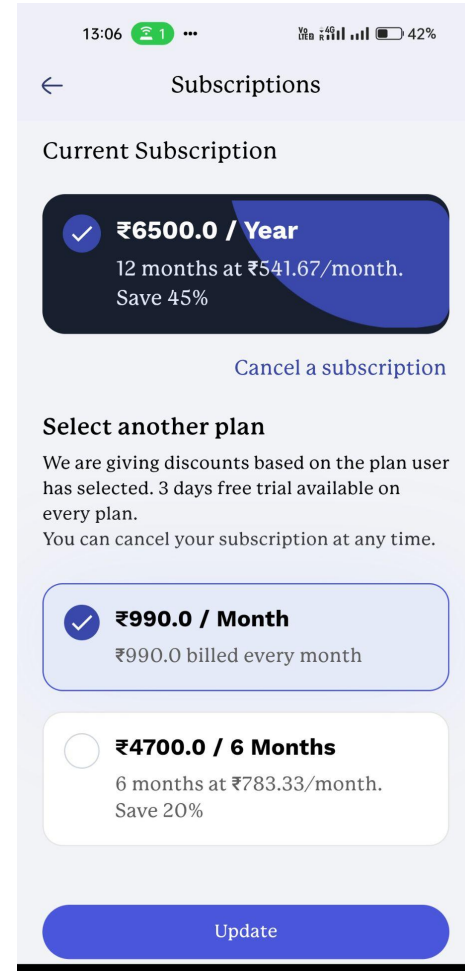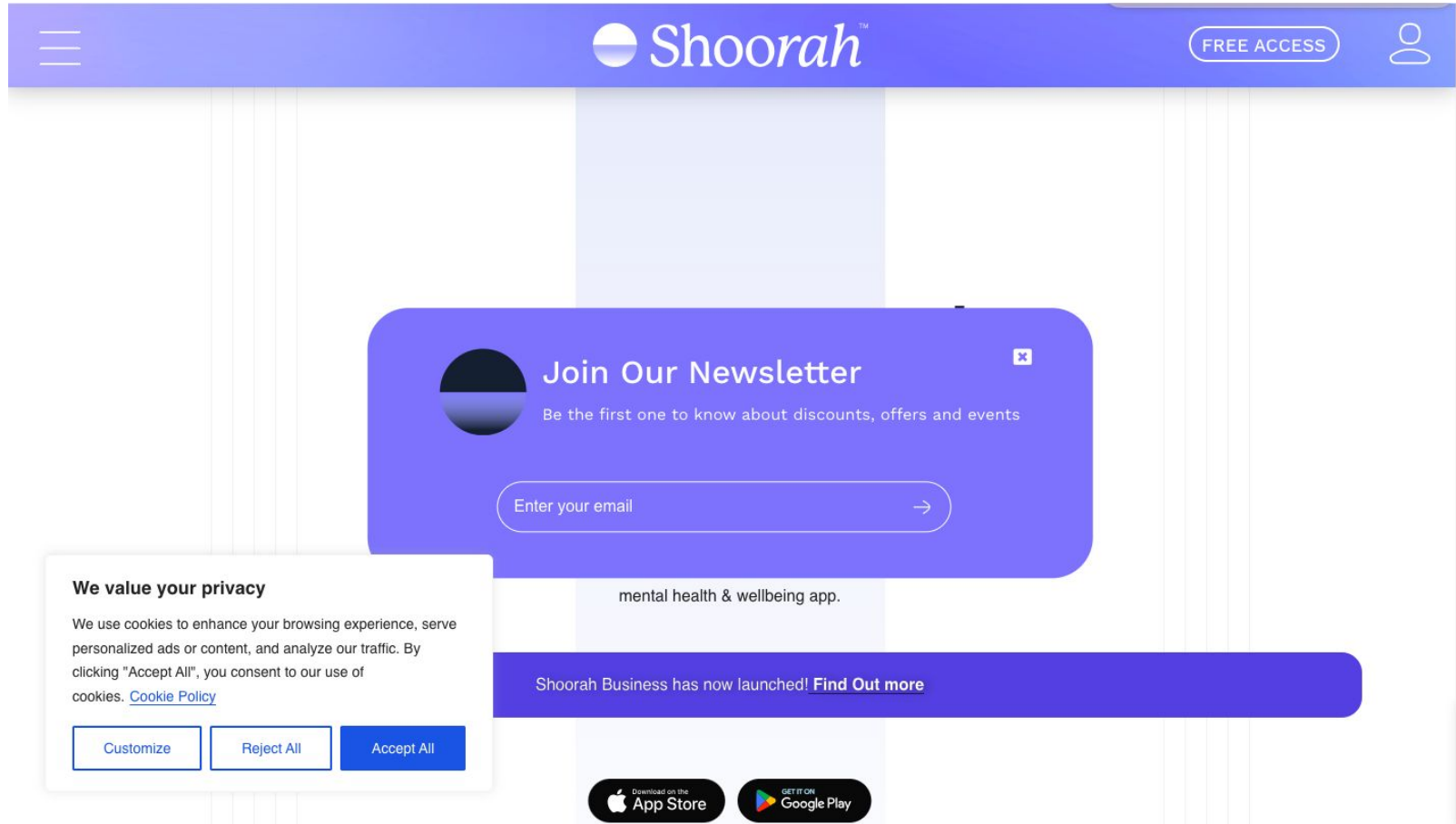

User's Activity Insights

Emergency SOS

Personalisation for themes and sounds

Subscription Plans

Shoorah Website

○ Shoorah™

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mental health & wellbeing app.

Shoorah Business has now launched! **Find Out more**

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GET IT ON **Google Play**

Services shoorah offers

Shoorah™

Home   My account   Me

I am capable of finding healthy ways to cope with negative emotions and experiences.

Home

Journal

Restore

Shuru

Pods

Explore

Trending
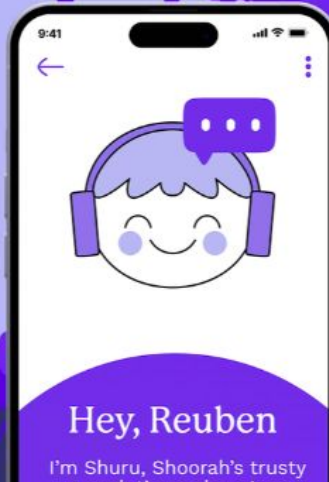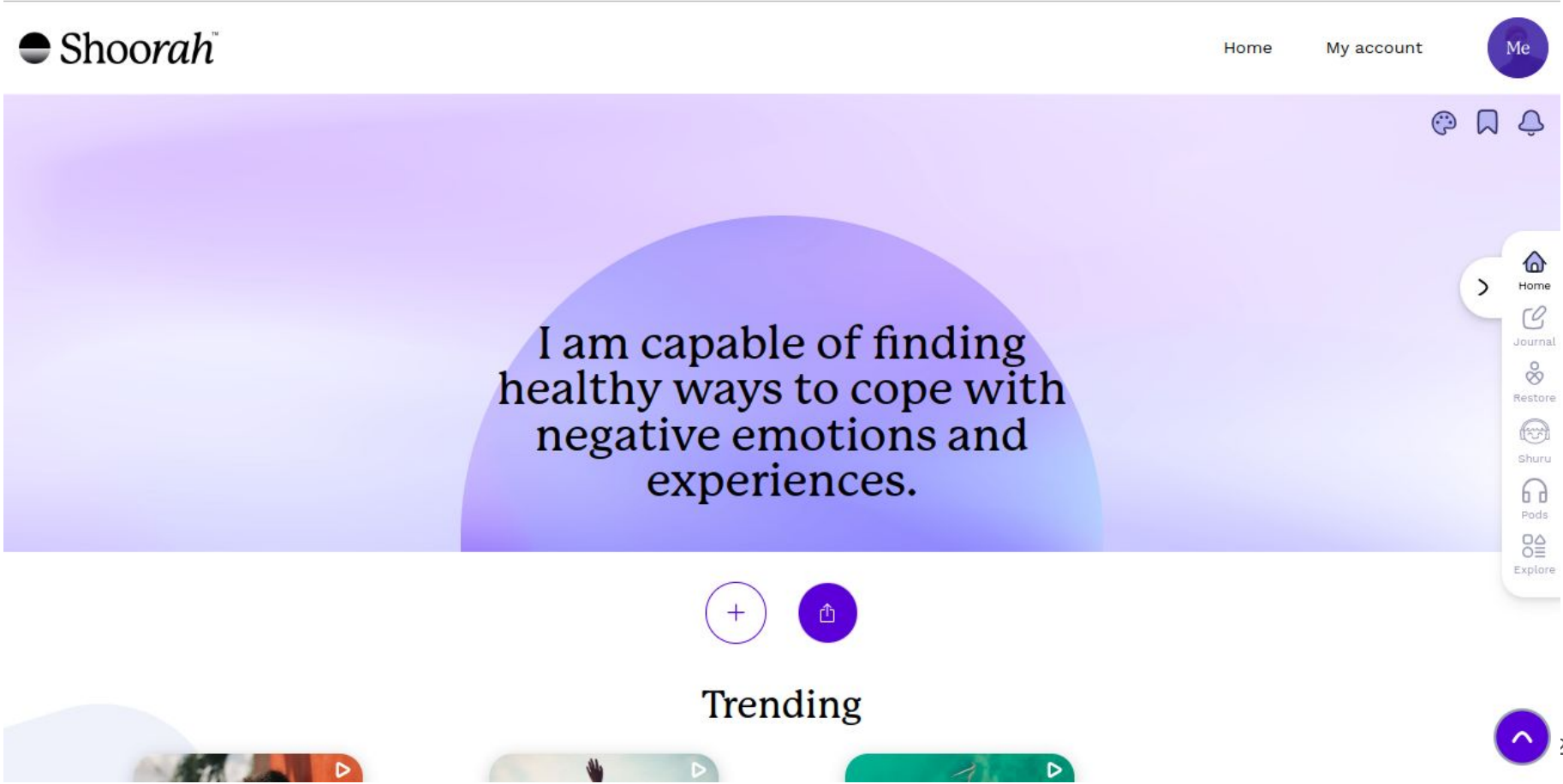
Chatbot view on shoorah web

Shoorah™

Home   My account   Me

Good Morning, Reckit! ☀️ Starting the day with your contentment in focus is a wonderful way to embrace the morning. 😊

Is there a certain reason behind this tranquil mood today? I'm here to lend an ear and join you in celebrating these positive vibes. Let's ensure your morning is wrapp

Type a message...

Shoorah pods for mood therapy

Shoorah Pods

Select Category ▼   🔍 Search pods here

Shoorah Pods 04:50
Giving yourself the cha...
David Mclean

Shoorah Pods 05:21
If you think you need ...
Lydia Kimmerling

Shoorah Pods 06:24
What would be differen...
Lydia Kimmerling

Shoorah Pods 10:02
If you're ready to start d...
Lydia Kimmerling

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Tech Stack

Technology	Version	Description
React	0.71	Used for website front end related tasks.
Node JS	18.18.2	Used as backend server for the mobile application and website.
Pinecone Vector DB	-	To store and retrieve relevant data using vector-based search.
MongoDB	8.3	MongoDB is used as a primary database.
OpenAI LLM	-	To interact with chatbot and for response generation.
Python	3.8	Used for interaction with OpenAI API.
Flutter	-	For mobile application frontend.